



CISM NEWS

FROM THE INTERNATIONAL CRITICAL INCIDENT STRESS FOUNDATION, INC.

CONNECTION & COMMUNITY:
STRENGTHENING THE FIRST RESPONDER
SUPPORT NETWORK

JULY 2025



BUILDING BRIDGES: FOSTERING CONNECTION & COMMUNITY THROUGH CISM

From The Office of ICISF, Inc.

From immediate defusings to group debriefings, CISM creates safe spaces for sharing, normalizing reactions, and peer support after traumatic events. Learn how starting small with CISM interventions can foster resilience, reduce stigma, and strengthen well-being for those impacted by critical incidents.

[Read More](#) >>

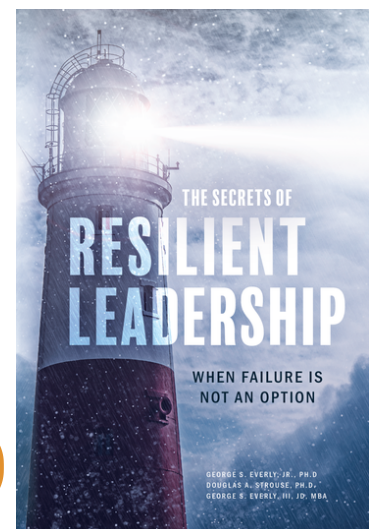


THE SECRETS OF RESILIENT LEADERSHIP

By: George S. Everly, Jr., PhD, ABPP, CCISM, Douglas A. Strouse, PhD,
George S. Everly, III, JD, MBA

The Secrets of Resilient Leadership is a truly unique guide for leaders on how to create an organizational culture of resilience that can turn adversity into opportunity. The book introduces the reader to the four core pillars of crisis leadership and explains in clear language how to develop them.

[Order Your Copy](#) >>



Welcome To Our July Blog,
Connection & Community:
Strengthening the First Responder Support Network

The job can be heavy, and often, it's not the emergencies but the quiet after that hits hardest. Connection and community aren't just nice to have. They're what makes the weight manageable. A quick check-in, someone who gets it, or just knowing you're not alone can make a difference. This blog offers small, real ways to strengthen that support for those who are always first to respond.



ICISF Training & Resources

Training

August 6 - 7:

(Adv.) Assisting Individuals in Crisis

August 8:

De-escalation Skills for the Front Line: A Practical Approach

August 11 - 12:

Grief Following Trauma

August 18 - 20:

Assisting Individuals in Crisis & Group Crisis Intervention in Colleges and Universities

August 22:

Critical Incident Stress Management (CISM) in the College and University Setting

Resources

- Resource: CISM Quick Reference Cards
- Book: Disasters
- Resource: Critical Information on Interventions
- Podcast: Champions of Adversity: What They Do That Most People Don't



LEARNING WITH LEADERS

Our subject matter leaders have done the work, know the challenges, and are ready to share their expertise. These **60-minute presentations** focus on providing personal, in-depth knowledge and innovative ideas motivated by the ICISF mission and core values. Leaders and presentations are creative and provide vision to inspire action and growth.

Can't make it live?

Register anyway to receive the full recording after the event!

[Learn More & Register](#)



Crisis Journal Articles of The Month

[Peer Paracounseling to Foster Resilience and Reduce the Burden on Community Mental Health Services](#)

[Development of the Bi-Directional Engagement Strategy Tool \(BEST\) to Assist Implementation of Wellness Programs in Federally Qualified Health Centers](#)



Strategic Partner Content

- Lighthouse Health & Wellness: [Reducing and Treating PTSD, Anxiety, and Depression as a First Responder](#)
- First H.E.L.P.: [EP 59: You Have The Right To Go On Living](#)
- PTSD 911: [EP 82 - Finding Purpose after the Trauma with Kris O'Neill](#)
- The Counseling Team International: [Post-Traumatic Growth](#)
- 1st Responder Conferences: [Upcoming 2025 Conferences](#)
- C.O.P.S: [National Conference on Law Enforcement Wellness & Trauma](#)
- PSPSA: [Wellness on the Front Line™ October 28-31, 2025](#)

"Community is much more than belonging to something; it's about doing something together that makes belonging matter." – Brian Solis



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