

# Upcoming Conferences



## Mental Health and Wellness Training

*Educating and Supporting Our  
Everyday Heroes*

This training is for all 1st Responders:  
Police, Fire, EMS, Dispatchers, Military,  
Veterans, Corrections, Coroners,  
Chaplains, Retired First Responders,  
Spouses, Professional Staff, Clinicians,  
and Health Professionals.

### Upcoming dates and locations:

March 24-25, 2025 Ocean City, Maryland  
April 24-25, 2025 San Luis Obispo, California  
May 8-9, 2025 Marietta, Georgia  
September 3-4, 2025 Atlantic City, New Jersey  
October 2-3, 2025 El Paso, Texas  
November 3-4, 2025 Cleveland, Ohio  
November 17-18, 2025 Sacramento, CA  
December 11-12, 2025 Galveston, TX

*\*You MUST register to attend.*

Breakfast, lunch, networking social included along  
with raffles, giveaways and SWAG bag.



[www.1stRC.org](http://www.1stRC.org)

(206) 841-6632

If your agency or organization is interested in co-hosting or endorsing a  
conference, please contact Shawn at [shawn@1stRC.org](mailto:shawn@1stRC.org)