



International Critical Incident Stress Foundation, Inc.

## Additional Links & Resources

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### Lighthouse Health & Wellness

<https://www.lighthousehw.org/>

#### **AVAILABLE AT NO COST TO OUR NATION'S PUBLIC SAFETY AGENCIES**

Lighthouse Health & Wellness is an in-hand, on-demand, 100% confidential health and wellness platform available at no cost to our nation's public safety agencies.

Lighthouse was designed to provide your employees and their families anonymous access to your agency's existing health and wellness programs, along with a growing library of the latest educational health and wellness information and tools that have been tailored to the unique needs of those working in public safety.

With the overwhelming rise in job-related stress, growing media scrutiny, increased focus on public safety suicides, and the reality and fear of senseless line-of-duty deaths, it is more important than ever that all first responders have access to health and wellness resources. Lighthouse is accessible via the web as well as via iOS and Android applications. This puts the tools public safety officers need literally at their fingertips.

### Fraternal Order of Police (FOP)

<https://fop.net/>

The National Fraternal Order of Police is the world's largest organization of sworn law enforcement officers, with more than 364,000 members in more than 2,200 lodges. We are the voice of those who dedicate their lives to protecting and serving our communities. We are committed to improving the working conditions of law enforcement officers and the safety of those we serve through education, legislation, information, community involvement and employee representation. No one knows the dangers and the difficulties faced by today's police officers better than another officer, and no one knows police officers better than the NFOP.

Approved Provider Bulletin: <https://fop.net/officer-wellness/approved-provider-bulletin-apb/>



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## **I00 Club of Illinois**

<https://www.I00clubil.org/>

The I00 Club of Illinois provides resources, several forms of financial support, access to training, and moral support to both the families of first responders killed in the line of duty and active duty first responders throughout the state of Illinois.

From Team Coordinator Meeting:

POC: Tara [Ulis-ulisconsulting@gmail.com](mailto:Ulis-ulisconsulting@gmail.com)

If you are in the state of IL, the I00 Club of IL is starting a vetting process for all mental health professionals for culturally competent clinicians for first responders. Please let me know if you would like to apply or pass the vetting application to a clinician in IL. This is the form we are using

<https://form.jotform.com/I00clubil/clinician-submission>

## **I00 Club of Arizona**

<https://www.I00club.org/>

Our mission is to provide financial assistance to families of first responders who are seriously injured or killed in the line of duty and provide resources to enhance their safety and welfare. We have proudly served the public safety community since 1968.