CRITICAL INCIDENT TRIAGE ASSESSMENT TOOL

This assessment tool will assist in making the decision as to whether or not the Critical Incident Stress Management (CISM) Protocol should be activated.

Basic Information   Notes

Nature / Type of Incident and Complications?	
Location, Date & Time of Incident?	
Is an employee injured or fatally injured?	*(Circle Most Appropriate Response)* Yes No Unknown
Number of Employees Involved?	
Present Location of Employee(s)?	

Additional Information   Notes

How serious is the injury / incident? Is the event ongoing? Is it getting worse/more complicated?	

How are members responding? What signs / symptoms of stress are they exhibiting?	**Check all that apply: (* implies need for immediate medical assessment)**			
	Physical	**Cognitive**	**Emotional**	**Behavioral**
	*Chest Pain *Difficulty breathing *Shock symptoms *Collapse *Loss of consciousness *Numbing paralysis *Blood in urine, vomitus, sputum, stool ⬜ Heart rate ⬜ Blood pressure Fainting Nausea Visual difficulties Chills Etc.	Confusion Blaming others Poor attention / concentration Poor decision making Hypervigilance Nightmares Intrusive images * Suicide ideation *Dissociation *Hallucinations *Persistent Hopelessness/Helplessness Etc.	Anxiety Guilt Grief Anger Excessive crying Depression *Panic attacks *Immobilizing depression Feeling overwhelmed Emotional shock Fear Inappropriate emotional response Etc.	Withdrawal Irritability 1000- Yard stare Increased ⬜Alcohol / drug use *Immobility *Self-medication *Violence *Diminished personal hygiene Pacing Inability to rest Change in appetite Change in sexual functioning Etc.

Incidents That Will Result in an Automatic CISM Response Include But are not Limited to:

● Line of duty death (LODD)
● Serious line of duty injury (LODI)
• Suicide or homicide of employee
● Death of a child or violence to a child by an adult
• Armed/violent assault in the workplace
• Hostage-taking
• Disaster / Mass casualty incidents

Incidents That Have the Potential to Result in a CISM Response Are:

● Serious injury or death of a co-worker outside the workplace
• Perceived threat to personal safety in the workplace (beyond normal circumstances)
• Medical emergency involving employees
• Serious injury or death of a child/family member under unusual circumstances
● Prolonged tactical operations
● Any incident attracting unusual, critical or extensive news / media coverage

NEXT STEPS:

BPS Supervisor / Chief / Deputy Chief Contacts:

Information about the critical incident (Who, What, Where & Symptoms) will be provided to the CISM Team Leader who will, in conjunction with the caller, initiate the appropriate CISM response, if indicated.

a) **CISM Team Co-ordinator** – Wendy Rafuse (902-275-8233) wendyrafuse@gmail.com

b) **Chaplain Paul Jensen** – 902-521-9972 pastorpaul@eastlink.ca

Team Co-ordinator Information: Questions to Determine CISM Needs

The following questions should be asked by the CISM Team Co-ordinator to help ascertain the scope of the incident and what immediate interventions may be best for the CISM response.

What/ When/ Where has happened? Obtain as full an account as possible. *Is it a CI?*
What is the anxiety or stress level of the caller? Does this need to be managed first?
How many people are involved? What is their work relationship? Ie. Managers vs. staff; single agency vs. multi-agency response; etc.
What signs/symptoms of stress are being exhibited? How are people reacting?
Is there any person(s) the caller is most concerned with? Why?
Where are the persons involved in the incident currently located? How long will they be at that location? Are they currently on active duty?
What supports (if any) have been activated thus far?
Have there been or are there currently any ongoing stressors apart from this incident? Briefly describe.
What is the part played by cumulative, chronic or organizational stress?
What would the caller like to see happen? When?
How is the caller doing?